

WHR Volunteer Certification levels: ***All volunteers must certify to at least level 1 to volunteer with any WHR programming.***

**Level 1:**

- Leading
- Short tying
- Long tying
- Grooming
- Pasture etiquette
- Barn safety rules
- Hoof picking
- Safety knot

*\*Criminal background check is required*

**Level 2:**

- Certify level 1
- Saddling
- Bridling
- Basic horse anatomy
- Saddle parts
- Bridle parts
- Intro to horse psychology
- Riding: walk, trot, understanding foot falls (*225 pound weight limit to ride*)

**Level 3:**

- Certify level 1 and 2
- Mounting
- Dismounting
- Setting stirrups
- Proper helmet fitting
- Intro to trail guiding
- Horse psychology
- Riding: Canter, identifying leads
- Communication: the basics

**Level 4:**

- Certify to level 1,2, and 3
- Ability to teach level 1 and 2
- Ability to teach a basic riding lesson
- Trail guide basics
- Ponying a horse
- Communication: the finer points